

## Lea Sellers

Lea Sellers is an experienced media trainer.

She was producer on programmes such as *Newsnight* and *Question Time* for the BBC and deputy foreign editor on *Channel 4 News*. She was editor of the health series *The Pulse* and the news programme for young people, *First Edition*, both for Channel 4. She masterminded several impartiality reviews for the BBC Trust.

Using her television knowledge and experience, Lea trains people to communicate with confidence when they speak in public or engage with the media. Her training focuses on explaining the media, preparing for interviews, learning specific techniques and advising on appearance.

She also trains on-air correspondents and producers in television skills. Clients include ITV News and Channel 4 News.

She has a bachelor's degree in Russian Studies, an MA in International Relations and an MA in Screenwriting.